

# ZO® Multi-Therapy Hydroquinone System

The Hydroquinone Approach

ZO SKIN HEALTH INC

BY ZEIN OBAGI, MD



## ZO® Multi-Therapy Hydroquinone System

HQ

Dx	Melasma
Tx	ZO® Multi-Therapy Hydroquinone System for 5 months, followed by ZO® Non-Hydroquinone Hyperpigmentation System for 1 month, and as ongoing maintenance. ZO® 3-Step Peel performed monthly for 3 months.
Duration	8 months
File	MTHS 01



## ZO® Multi-Therapy Hydroquinone System

HQ

Dx	Melasma, Rosacea
Tx	ZO® Multi-Therapy Hydroquinone System for 5 months, followed by ZO® Non-Hydroquinone Hyperpigmentation System for 1 month, and as ongoing maintenance, along with 20 mg oral isotretinoin to arrest rosacea.
Duration	6 months
File	MTHS 02



## ZO® Multi-Therapy Hydroquinone System

HQ

Dx	Melasma
Tx	ZO® Multi-Therapy Hydroquinone System for 5 months, followed by ZO® Non-Hydroquinone Hyperpigmentation System for 1 month, and as ongoing maintenance. ZO® 3-Step Peel performed monthly for 3 months.
Duration	8 months
File	MTHS03

# ZO® Multi-Therapy Hydroquinone System

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## ZO® Multi-Therapy Hydroquinone System

HQ

**Dx** Early Melasma, PIH

**Tx** ZO® Multi-Therapy Hydroquinone System for 5 months, followed by ZO® Non-Hydroquinone Hyperpigmentation System for 1 month, and as ongoing maintenance.

**Duration** 6 months

**File** MTHS 04



## ZO® Multi-Therapy Hydroquinone System

HQ

**Dx** Severe Melasma, PIH

**Tx** ZO® Multi-Therapy Hydroquinone System for 5 months, followed by ZO® Non-Hydroquinone Hyperpigmentation System for 1 month, and as ongoing maintenance. ZO® 3-Step Peel performed monthly for 2 months.

**Duration** 7 months

**File** MTHS 05



## ZO® Multi-Therapy Hydroquinone System

HQ

**Dx** Melasma

**Tx** ZO® Multi-Therapy Hydroquinone System for 5 months, followed by ZO® Non-Hydroquinone Hyperpigmentation System for 1 month, and as ongoing maintenance.

**Duration** 6 months

**Note** Recommend a series of ZO® 3-Step Peels for residual hyperpigmentation.

**File** MTHS 06

# ZO® Multi-Therapy Hydroquinone System

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## ZO® Multi-Therapy Hydroquinone System

HQ

**Dx** Acne Scars, Large Pores, Rough Texture

**Tx** Moderate strength ZO® Multi-Therapy Hydroquinone System for 2 months to pre-condition skin prior to ZO® Controlled Depth Peel (IRD).  
Post-procedure: ZO® Multi-Therapy Hydroquinone System for 3 months, followed by ZO® Non-Hydroquinone Hyperpigmentation System for 1 month, and as ongoing maintenance.

**Duration** 6 months

**File** MTHS 07



## ZO® Multi-Therapy Hydroquinone System

HQ

**Dx** Melasma, Skin Laxity

**Tx** Aggressive strength ZO® Multi-Therapy Hydroquinone System for 2 months to pre-condition skin prior to the ZO® Controlled Depth Peel (IRD).  
Post-procedure: ZO® Multi-Therapy Hydroquinone System for 3 months, followed by ZO® Non-Hydroquinone Hyperpigmentation System for 1 month, and as ongoing maintenance.

**Duration** 6 months

**File** MTHS 08

# ZO® Non-Hydroquinone Hyperpigmentation System

The Non-Hydroquinone Approach

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## ZO® Non-Hydroquinone Hyperpigmentation System

Dx	Melasma with hydroquinone resistance. 10 years of self-treatment with 4% hydroquinone purchased from the Internet.
Tx	ZO® Non-Hydroquinone Hyperpigmentation System with Brightenex™ and Retamax™ for 6 months, followed by ZO® 3-Step Peel performed monthly for 3 months.
Duration	9 months
File	NHHS 01



## ZO® Non-Hydroquinone Hyperpigmentation System

Dx	Sun Damage, Hyperpigmentation
Tx	ZO® Non-Hydroquinone Hyperpigmentation System with Brightenex™ and Retamax™ for 5 months, followed by ZO® 3-Step Peel performed once.
Duration	6 months
File	NHHS 02



## ZO® Non-Hydroquinone Hyperpigmentation System

Dx	Sun Damage, Freckles, Lentiginos
Tx	ZO® Non-Hydroquinone Hyperpigmentation System with Brightenex™ and Ossential® Advanced Radical Night Repair for 6 months. ZO® Retinol Stimulation Peel performed once every 6 months (at-home treatment) for maintenance.
Duration	6 months
File	NHHS 03

# ZO® Non-Hydroquinone Hyperpigmentation System

The Non-Hydroquinone Approach

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## ZO® Non-Hydroquinone Hyperpigmentation System

Dx	Hyperpigmentation, PIH, Freckles
Tx	ZO® Non-Hydroquinone Hyperpigmentation System with Brightenex™ and Retamax™ for 5 months, followed by ZO® 3-Step Peel performed monthly for 2 months.
Duration	7 months
File	NHHS 04



## ZO® Non-Hydroquinone Hyperpigmentation System

Dx	Melasma
Tx	ZO® Non-Hydroquinone Hyperpigmentation System with Brightenex™ and Retamax™ for 4 months, followed by ZO® 3-Step Peel performed once.
Duration	5 months
File	NHHS 05

# ZO<sup>®</sup> Sun Damage System

The Non-Hydroquinone Approach

ZO SKIN HEALTH INC

BY ZEIN OBAGI, MD



## ZO<sup>®</sup> Sun Damage System

Dx	Sun Damage, PIH, Freckles
Tx	Sun Damage System with Brightenex™, Glycogent™ and Retamax™ for 4 months, followed by ZO <sup>®</sup> 3-Step Peel performed monthly for 2 months.
Duration	6 months
File	SDS 01



## ZO<sup>®</sup> Sun Damage System

Dx	Sun Damage, Freckles
Tx	Sun Damage System with Brightenex™, Glycogent™ and Retamax™.
Duration	5 months
File	SDS 02



## ZO<sup>®</sup> Sun Damage System

Dx	Sun Damage, Lentigines
Tx	Sun Damage System with Brightenex™, Glycogent™ and Retamax™ for 5 months, followed by ZO <sup>®</sup> 3-Step Peel performed monthly for 2 months.
Duration	7 months
File	SDS 03

# ZO® Sun Damage System

The Non-Hydroquinone Approach

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BY ZEIN OBAGI, MD



## ZO® Sun Damage System

Dx	Sun Damage, Freckles, Lentiginos
Tx	Sun Damage System with Brightenex™, Glycogent™ and Retamax™ for 4 months, followed by ZO® 3-Step Peel performed monthly for 3 months.
Duration	7 months
File	SDS 04



## ZO® Sun Damage System

Dx	Sun Damage, Freckles, Lentiginos
Tx	Sun Damage System with Brightenex™, Glycogent™ and Retamax™ for 5 months, followed by ZO® 3-Step Peel performed monthly for 3 months.
Duration	8 months
File	SDS 05

# ZO<sup>®</sup> Texture Improvement System

The Non-Hydroquinone Approach

ZO SKIN HEALTH INC

BY ZEIN OBAGI, MD



## ZO<sup>®</sup> Texture Improvement System

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Dx Rough Texture, Scars

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Tx Texture Improvement System with Retamax™.

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Duration 7 months

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File TIS 01

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# ZO<sup>®</sup> Severe Acne System

The Hydroquinone Approach

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## ZO<sup>®</sup> Severe Acne System

HQ

Dx	Rough Texture, Scars
Tx	Severe Acne System with Melamix™ 4% Hydroquinone plus Tretinoin and 20 mg oral isotretinoin for 5 months, followed by Acne System for 1 month, and as ongoing maintenance.
Duration	6 months
File	SAS 01



## ZO<sup>®</sup> Severe Acne System

HQ

Dx	Acne, PIH
Tx	Severe Acne System with Melamix™ 4% Hydroquinone plus Tretinoin and 20 mg oral isotretinoin for 5 months, followed by ZO <sup>®</sup> Non-Hydroquinone Hyperpigmentation System for 1 month, and as ongoing maintenance.
Duration	6 months
File	SAS 02



ZO® Rosacea System

Dx Rosacea

Tx Rosacea System

Duration 6 months

File RS 01



ZO® Rosacea System

Dx Rosacea

Tx Rosacea System with 20 mg oral isotretinoin

Duration 5 months

File RS 02



ZO® Rosacea System

Dx Rosacea

Tx Rosacea System

Duration 4 months

File RS 03

# ZO® Non-Facial Renewal System

The Non-Hydroquinone Approach

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BY ZEIN OBAGI, MD



## ZO® Non-Facial Renewal System

Dx	PIH
Tx	Non-Facial Renewal System with Invisapeel™
Duration	9 months
File	NFRS 01

# ZO® Anti-Aging Program Level II

ZO SKIN HEALTH INC  
BY ZEIN OBAGI, MD



## ZO® Anti-Aging Program - Level II

Dx Mild Sun Damage, Chronological Aging

Tx Anti-Aging Program - Level II

Duration 3 months

File AAP 01



## ZO® Aggressive Anti-Aging Program - Level III

Dx Sun Damage, Dullness, Skin Laxity, Lines, Wrinkles

Tx Aggressive Anti-Aging Program - Level III

Duration 4 months

File AAAP 01



## ZO<sup>®</sup> Acne System

Dx	Acne, Acne Scars
Tx	Acne System for 2 months, followed by ZO <sup>®</sup> 3-Step Peel performed monthly for 2 months.
Duration	4 months
File	AS 01



## ZO<sup>®</sup> Acne System

Dx	Acne, Acne Scars, PIH
Tx	Acne System for 3 months, followed by ZO <sup>®</sup> 3-Step Peel performed monthly for 3 months.
Duration	6 months
File	AS 02



## ZO<sup>®</sup> Acne System

Dx	Acne
Tx	Acne System
Duration	6 months
File	AS 03



## ZO® Daily Skin Care for Men

Dx	Oiliness, Large Pores, Rough Texture
Tx	Daily Skin Care For Men for 3 months, and as ongoing maintenance.
Duration	3 months
File	DSCM 01