

Incision & Drainage



Incision and drainage (I&D) is a procedure that may be recommended approximately 2 weeks after echo sclerotherapy treatment. This procedure may reduce the risk of permanently staining the overlying skin from the sclerotherapy solution, and it can decrease pain and swelling in the treated veins. Patients may require multiple I&D's for best results.

1. What should I expect during the procedure?

The area will be wiped with an alcohol pad, and a needle

will be inserted into the area to open it slightly. The needle will be taken out, and the area will be pressed on to allow the old blood in the vein to be removed. This is sometimes done under ultrasound guidance, and may sometimes require numbing medicine. A bandage will be put on the areas after the procedure if needed.

2. What do I need to do before my procedure?

There are no instructions required before the procedure.

3. What do I need to do after my treatment?

It is acceptable for the areas to slightly ooze. This will help with healing. It is just as normal for oozing to not occur too.

Be sure to keep all follow-up appointments if any are required.

4. What will my legs feel like?

Once treated, the thrombosed vein should heal quicker. The areas that feel lumpy and tender, may go down immediately or become smaller. Over time the body will absorb these areas. It may take months to have the areas completely absorbed.

5. What are the possible complications?

Directly report any fever, redness, swelling, or increased pain to the office. Seek immediate medical attention for any puncture wounds, especially if there may be some debris in the wound.



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